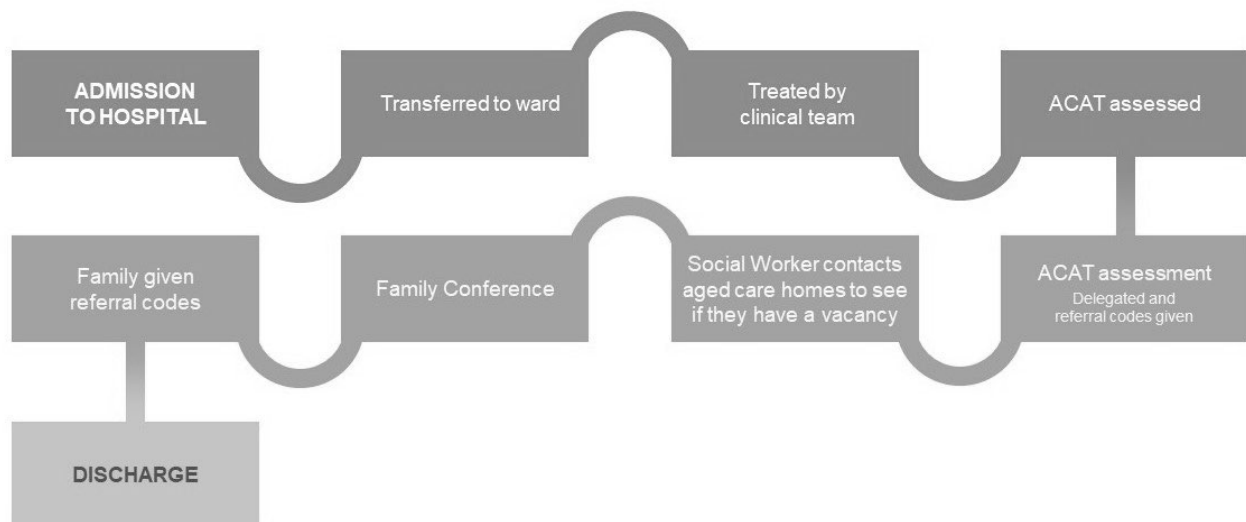


# From Hospital to Aged Care

## From hospital to an aged care home – what you need to know

We understand that moving from your family home into an aged care home can be overwhelming for you, your family and friends. The move into care is often necessitated by health issues that may have required hospitalisation. At Find Aged Care our aim is to provide information that will help with a smooth transition into care.

We've outlined below the journey you can expect from hospital to becoming a resident in an aged care home when living independently in a private home is no longer a possibility.



### Admission to hospital

Due to a health condition, you may be admitted to hospital where you will be assessed by the hospital staff and transferred to a ward.

## Treated by the clinical team

Once on the ward, a hospital team will be allocated to you so they can administer treatment. It is at this point you may be considered for aged care placement instead of returning to your private home.

## ACAT Assessment

### What is an (Aged Care Assessment Team) ACAT Assessment?

Every Australian that enters into residential aged care as a care recipient has been approved for care by their local Aged Care Assessment Team (ACAT). This assessment can take place in the hospital and it's in consultation with your Medical Practitioner.

Your ACAT assessment will review your needs and requirements for care and determine your eligibility to enter aged care. If your assessment is approved, which may take up to two days, then you, your family or appointed representatives will receive a unique referral code which aged care providers use to confirm your entry into aged care.



Please read [Guide to Assessment](#) for more information.

## Social Worker contacts aged care homes

Your Social Worker will contact aged care homes on your behalf to find out what vacancies are available. At this time, they can also create an account in [Find Aged Care](#) and utilise our all-in-one system to search for vacancies and communicate with the aged care homes on your behalf.

## Family conference

It is important at this time to hold a family conference or meeting with your representatives so that your preferences are considered. This is the time to discuss what you want your aged care home to include from a healthcare standpoint, as well as religious, cultural, location and any other preferences you have, so the people who represent you can search on your behalf.

## Unique referral code and list of vacancies

Once approved, and you have your unique referral code from the Aged Care Assessment Team, your Social Worker or discharge planner at the hospital can provide you with a list of vacancies at aged care homes.

Here is where Find Aged Care can also support, by providing you with an online account where you can enter your unique referral code and search for aged care room vacancies in real time. You can view the homes, learn all about their facilities and fees, and book all of your tours.



## Arrange tours and negotiate admission

Your family or representative can arrange tours of the homes with vacancies that suit your needs. Once you or they have selected an aged care home, negotiations will begin with the aged care home to arrange your transfer from hospital into your new home.

## Discharge

Once your admission date has been confirmed with your chosen home and you or your resident representative have completed all the necessary admission documentation, your social worker or discharge planner will organise your discharge summary. This letter will be provided to the clinical staff at your new home and will outline a summary of the care and treatment you received whilst in hospital. The hospital will also supply interim medications to the home for your first couple of days of care and can make arrangements for hospital transport to take you to your new home.

The hospitalisation period to entering a new aged care home can be a very stressful and confusing time working through the red tape and quickly understanding the process. Find Aged Care is here to make things simple.

Register with our website and let us take you step-by-step through the aged care journey, supporting you along the way in finding your new home, as well as providing you with the information you need at each step of the journey.

**Find Aged Care wish you and your family every success in your aged care home journey. If you would like more information, please visit [www.findagedcare.com.au](http://www.findagedcare.com.au) or call us on 1300 509 992.**

# find aged care